

CHELSEA COACHING GROUP

INSPIRING HIGH QUALITY COACHING

APRIL 2013

ISSUE NO.13

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18 April 2013 - Dr Jonathan Haverkamp
Burnout in Business

LAST MEETING

At the last meeting in March, the group enjoyed a very interesting presentation and group session on Intervision.

SPEAKER / SESSION REVIEW

Jonathan explained that Intervision is similar to supervision, but it is performed among peers - there is no 'senior' person.

The concept of a discussion within a group of peers without a range of seniority was alien to some of the coaches.

Any coaching-related topic would be permitted and each member of the group would be group members and 'supervisors' in the session.

As facilitator, Jonathan was required to gatekeep the issues to be discussed, keep the discussion on track, manage time and allow everyone a voice. As a peer he would not be giving an authoritative verdict on any issue.

Upcoming Meetings

The Chelsea Coaching Group would like to invite you to attend our upcoming meetings on **11 April** and **18 April**.

11 April at 6:30pm Peer Supervision

Peer Supervision is designed to address real coaching challenges arising from actual coaching sessions. It is a great opportunity to develop your coaching competencies, acquire new tools and techniques, and learn from experience.

Please note, this session will not be held at the New Horizon Centre.

Address is given when you book.

Please book on Meet Up or contact Chelsea Coaching Group / Jacqui to confirm your place.

18 April at 6:30pm Workshop on Burnout in Business

During this workshop Dr Jonathan Haverkamp will be speaking about burnout in business and how people can be supported through the experience.

Facilitator Biography

Dr. Haverkamp has published widely in the field of communication, including the areas of interpersonal communication, organizational communication, communication and technology, communication in law and economics, and

communication theory. He is a coach and consultant for businesses and individuals and teaches communication at the American College of Communication.

www.chrishaverkamp.com

Future Meetings:

16 May 2013

Jeremy Lazarus

Advanced Presentation Skills for Coaches

Jeremy Lazarus is an Executive Coach, Certified Master Trainer of NLP and Author.

www.thelazarus.com

20 June 2013

Rasheed Ogunlaru

Soul Trader – Putting the Heart Back into Your Business

Join leading Life / Business Coach and Author: Rasheed Ogunlaru for a practical and inspiring session to help you develop a fulfilling and successful career as a coach by following and utilising your own passion, purpose, talents and path.

www.rasaru.com

Book early on Meet Up to avoid disappointment!

For more information on the above meetings and speakers please visit our Website and Meet Up.

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GROUP UPDATES

Following a recently recognized need, we have started an additional monthly group called Peer Supervision. Peer Supervision will run alongside our regular monthly CCG Workshops and will take place on the second Thursday of every month. Peer Supervision sessions will take place at members homes. The first experimental one was held last Thursday and worked well with great feedback. It showed that there definitely is a need for such a group. The next session will take place on Thursday 11 April. Please contact us for more information.

GROUP STRUCTURE

The group takes place from 6:30pm - 8:30pm.

6:30pm – 7:00pm: Refreshments and Networking.

7:00pm – 8:30pm: Presentation or Topic.

VENUE

Our venue is bright, clean, comfortable and right in the heart of Chelsea. It is confirmed for the next 6 months. The venue is run by a charity and does not charge but we make a voluntary contribution. It is a condition of hire that we keep the door locked so we encourage members to make every effort to arrive on time to avoid inconvenience and disruption to our speakers.

FEES

We ask for an entrance fee of £5 per session; which goes towards costs for venue, refreshments and guest speakers.



How to find us

New Horizon Centre
Guinness Trust Estate
Cadogan Street
London SW3 2PF

Bus Routes

Buses 19, 22, 137, 452 and C1 go along Sloane Street
Buses 11, 211 and 319 go along the Kings Road
Bus 360 goes along Sloane Avenue and Draycott Terrace

Parking Limited on Street Parking available after 6:30pm

Underground Sloane Square is the nearest tube stop.

STAY IN TOUCH

Jacqui Campbell

Founder/Coordinator

07740 997 307

chelseacoachinggroup@gmail.com

www.chelseacoachinggroup.com



KEEP UP WITH US
On [linkedin](#) and Meet up