

# CHELSEA COACHING GROUP

DECEMBER 2012

INSPIRING HIGH QUALITY COACHING

ISSUE NO.9

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## LAST MEETING

At the last meeting on 15 November 2012 the Chelsea Coaching group had one of its largest turnouts since its formation with 18 coaches or so keen to grasp as many tips and techniques about 'gaining raving fan clients'.

## SPEAKER REVIEW

Joe Smart delivered a powerful workshop, which reflected his style of coaching: impactful and energising. Before coaches could barely sit down he had participants moving around the room, talking enthusiastically about coaching, unlocking and releasing such power and energy that many jackets and cardys were abandoned as we immersed ourselves into the exercises. We then, quite miraculously experienced real passion for coaching and how these emotions could be used to fully engage with potential clients. Joe shared his personal journey; how he discovered coaching and his belief that everyone would benefit from working with a coach at various points in their lives. Now 'living the dream' Joe has developed a successful coaching business by focusing on two key drivers –energy and passion. We were given the opportunity to create strong anchors for ourselves to then 'fire off' when energy levels dip. He also got us to explore 'the why': Why should somebody hire us as coaches? This got us thinking creatively about what we could positively and genuinely say about ourselves when meeting new people, who could ultimately become our potential clients.

We left the session feeling energised, believing we were experts and that we can, through our energy and passion build a successful business and find and keep those 'raving fan clients'

## Seasons Greetings to all!

The Chelsea Coaching Group committee would like to thank you all for being part of the group and attending the meetings throughout the year.

We hope you have found the meetings to be useful, informative and a beneficial part of your coaching journey.

## December's meeting:

December's meeting will take the form of a social gathering to acknowledge all of our hard work and achievements throughout the year and to celebrate the festive season.

Our social will take place at Henry J Beans; where we have booked a small area.

Address: 196-197 Kings Road SW3 5ED.

[www.henryjbeans.co.uk/chelsea/](http://www.henryjbeans.co.uk/chelsea/)

We will be there from 6:30pm onwards.

## Next Meeting:

Our next meeting is due to take place on Thursday 17 January 2013.

Look out for our newsletter in the New Year to find out more about January's meeting.

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## How to find us

Henry J Beans  
196-197 Kings Road  
SW3 5ED  
**Tel: 020 7352 9255**

Underground:  
Nearest tube is Sloane Square or  
South Kensington.

Situated next to the Chelsea Town Hall and The Royal Brompton Hospital

## STAY IN TOUCH

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